



## Our Lady Help of Christians & St Helens

**Sunday 22<sup>nd</sup> July – 5<sup>th</sup> August 2018**

Parish Priest: Fr Joseph Whisstock 27 Milton Rd, Westcliff-on-sea, SS0 7JP.

Phone: 01702 342324 Email: [westcliff@dioceseofbrentwood.org](mailto:westcliff@dioceseofbrentwood.org)

Website: [www.shwos.co.uk](http://www.shwos.co.uk) (Newsletters are on the website)

Newsletter & Hall Bookings: [julie@shwos.co.uk](mailto:julie@shwos.co.uk)

<https://www.facebook.com/sthelenschurchwestcliff>

### Reflection for 22<sup>nd</sup> July 2018 By Fr Adrian Graffy Sixteenth Sunday of Ordinary Time (Year B)

Gospel reading: Mark 6:30-34

Other readings: Jeremiah 23:1-6 Ephesians 2:13-18

The disciples have been sent out 'two by two' by Jesus in order to preach repentance and to heal the sick. After some time they return. While the evangelist normally refers to the followers of Jesus as 'disciples', those who are in the process of learning, as they return from their missions he calls them 'apostles', those sent out.

Jesus is concerned for their well-being and invites them to go with him to a lonely place in order to find peace and rest. It seems that the popularity of Jesus has influenced the mission of the disciples and that they too were in great demand. Their plan for some time of peace and quiet is frustrated. A crowd has already gathered at their destination. Mark speaks constantly in the early chapters of the gospel of the crowds who are eager for the words and works of Jesus.

This passage comes just before the multiplication of the loaves and fishes to feed the five thousand. Before giving them food to eat Jesus teaches them 'at some length'. We see anticipated in this chapter the two ways in which Jesus continues to feed us: by Word and Sacrament. All this is motivated by his compassion for the crowd who are 'like sheep without a shepherd'.

The image of the shepherd who cares for the real needs of the sheep is often used in Scripture for those who have responsibility to care for people. The prophet Jeremiah speaks of the shepherds, in this case the rulers, who let the flock be destroyed and scattered, and looks forward to the coming of true shepherds. The psalm speaks of the Lord as the perfect shepherd who sees to the needs of his people, and the reading from Ephesians speaks of Christ as 'the peace between us', who reconciles Jew and Gentile.

*Why is the image of the 'good shepherd' so popular?*

*How can we treasure more deeply the gifts of Word and Sacrament?*

*Let us pray for leaders who will have the good of their people as their priority.*

*Let us pray for those who are exhausted by ministering to others and can find no place of rest.*

### Reflection for 29<sup>th</sup> July 2018 By Fr Adrian Graffy Seventeenth Sunday of Ordinary Time (Year B)

Gospel reading: *John 6:1-15*

Other Readings: 2 Kings 4:32-44, Ephesians 4:1-6

For the next few weeks our regular reading of the Gospel of Mark is interrupted as we read the sixth chapter of the Gospel of John. The chapter begins with the multiplication of the loaves, which is followed by extended words of Jesus in dialogue with the Jews.

The multiplication of the loaves and fishes, found in all the gospels, is in John's gospel one of the great signs. Seeing this 'sign' the people acclaim Jesus as a prophet, and there is a risk they will take him off to make him a king.

The miracle of Elisha narrated in the first reading serves to prepare for the greater sign worked by Jesus. The deeper sense of the sign will be explained by Jesus in the verses which follow.

*Why is this miracle so important to all four evangelists?*

*How can we avoid misunderstanding the signs worked by Jesus?*

*Let us pray for true solidarity with those in need.*

*Let us pray for those who work that the hungry may be fed and that unjust structures may be challenged.*

### MASS TIMES & INTENTIONS

#### Sunday 22<sup>nd</sup> July – Sixteenth Sunday in Ordinary Time - (Year B)

9.30am Private Intention

11.15am Parish Community

1pm Tamil Mass

6pm Mary Agnes Durrant RIP

#### Monday 23<sup>rd</sup> July - St Bridget of Sweden

9.15am Mary Barton RIP

#### Tuesday 24<sup>th</sup> July

10am Mass @ Nazareth House

#### Wednesday 25<sup>th</sup> July - St James

9.15am Michael John Reilly RIP

#### Thursday 26<sup>th</sup> July - Ss Joachim & Anne, Parents of the BVM

9.15am Ann Deans - Intention

#### Friday 27<sup>th</sup> July

12.30am Nuptial: Simone Lissenden & Kevin Gater

1-4pm Exposition in Adoration Chapel

#### Saturday 28<sup>th</sup> July

10-10.30am Confessions only

12noon Polish Wedding

3pm Filipino Mass: Alice Barton RIP

6pm Polish Mass

#### Sunday 29<sup>th</sup> July – Seventeenth Sunday in Ordinary Time - (B)

9.30am Eddie English RIP

11.15am Canon Brian Frost RIP

6pm People of Parish

#### Monday 30<sup>th</sup> July

9.15am Andrew Deans RIP

#### Tuesday 31<sup>st</sup> July - St Ignatius of Loyola

9.15am Raphael Mathewson - Intentions

#### Wednesday 1<sup>st</sup> August - St Alphonsus Liguori

10am Requiem: Annette Clarke RIP

#### Thursday 2<sup>nd</sup> August

10am Mass @ Nazareth House

{10am Requiem @ Chelmsford}

#### Friday 3<sup>rd</sup> August

12.15pm Babies in Danger of Abortion

Followed by Exposition in the Adoration until 4pm

#### Saturday 4<sup>th</sup> August - St John Vianney (Curé of Ars)

10.30am F.I.H.M. – Member's Intentions

11am Confessions & Exposition

6pm Polish Mass

#### Sunday 5<sup>th</sup> August – Eighteenth Sunday in Ordinary Time - (B)

9.30am Carol Woods RIP

11.15am Parish Community

6pm Peggy Bright RIP

**Please pray for sick especially; Roger and Derek Bond**

**Please pray for the recently departed especially;**

**Annette Clarke RIP** who died on Wednesday 11<sup>th</sup> July.

Her funeral will take place here at 10am on Wednesday

1<sup>st</sup> August followed by burial at Southend Cemetery. **Please keep her and her family in your prayers**

## St Helen's Parish Notices

### PARISH DIARY

#### Thursday 26<sup>th</sup> July

7.30pm – Parish Finance Meeting

#### Monday 30<sup>th</sup> July

2pm – Friendship Club

### **Confirmation Course @ St Helen's 2018/2019**

Are you going to be in Year 9 or above from September 2018? If yes, then you are very welcome to join our confirmation course which is due to commence in September 2018. You will need to register your interest by calling **Nicola Nevin on 07740 287042 by the 28<sup>th</sup> July 2018**. So that we can establish numbers and make necessary arrangements. We look forward to hearing from you!

#### **Confirmation Helpers for 2018/2019**

We are seeking additional adult helpers to assist with the next confirmation course which will run from September 2018. If you enjoy engaging with young people and have a desire to help them in their faith journey, then this could be for you! **Please call Nicola Nevin on 07740 287042** for more info and a no obligation chat.

Also, if you are a young person who has completed your confirmation course and would like to assist in some way, for example with refreshments, tech kills, set-up or music/singing, I would love to hear from you!!

#### **St Helen's Catholic Church Building & Restoration Fund**

For the 2 weeks to 15th July £215 was collected from envelopes, cheque and cash. When grossed up for gift aid this comes to £237 against a 2 weekly target of £300. The cumulative position since the relaunch is that £4,344 (including gift aid tax relief) has been collected against a target of £8,000.

**We can only maintain St Helen's with your help, the Collection box is at the back of church.**

*Thank you, Fr Joseph & Parish Finance Team*

#### **Church Cleaning If you can spare an hour every Friday 9.15am to help clean church. Please just turn up!**

*Thank you Fr Joseph*

**Job Vacancy:** - The SVP is seeking to recruit an 1833 Research and Project Development Officer to review, re-model, project plan and potentially produce resources for our programme for 18-30 year olds in preparation for a service re-launch in Sept 2019. £27k pa pro rata; 3 days a week; one year contract. Home-based with national travel. Closing date: 10:00 on Wednesday 25th July 2018. Interviews: Thursday 26th July 2018. Start date: Wednesday 29th August 2018. For more details & application pack, please visit the vacancies section of the SVP website: <https://www.svp.org.uk/>.

**Calais Light** - Ever felt you'd like to help the destitute migrants in Calais but not known where to start? We run regular weekend car convoys from Brentwood Cathedral to chop veg & sort Refugee donations at the amazing Help Refugees UK Warehouse in Calais. Never mind the reasons WHY migrants are in Calais -the fact is they are there now - without resources, hungry, struggling. We feel strongly that part of our Christian mission is to support them one way or another. Please think about this & volunteer with us. If you can't, please donate with compassion at [www.justgiving.com/crowdfunding/calaislight](http://www.justgiving.com/crowdfunding/calaislight).

**Next Trip 28<sup>th</sup>-30<sup>th</sup> Sept.** Sign up to volunteer on our Facebook page 'Calais Light', email us at [calaislight@yahoo.com](mailto:calaislight@yahoo.com) or check out the Brentwood Cathedral Website.

## Brentwood Diocesan Notices

**Saturday 28<sup>th</sup> July – Eighth Annual GK Chesterton Pilgrimage** for details [www.CatholicGKChestertonSociety.co.uk](http://www.CatholicGKChestertonSociety.co.uk) Send prayer requests; [CatholicGKCSociety@yahoo.co.uk](mailto:CatholicGKCSociety@yahoo.co.uk) text 07795205114"

**Saturday 1<sup>st</sup> September - Celebrate the "official opening" of Walsingham House at Abbotswick** (Navestock Side, Near Brentwood, CM14 5SH). Grounds open 11am; Mass with Bishop Alan at 12noon. Throughout the afternoon there will be live music and bouncy castles. You are welcome to bring a picnic; Barbecued food, Cream teas and ice creams will also be on sale. Celebrate the refurbishment of Walsingham House at Abbotswick, the prayer, peace and space that is here, and the youth ministry that welcomes 5,000 young people through the doors of the house every year. More information [www.bcys.net/WHAbbotswick](http://www.bcys.net/WHAbbotswick) and on the [www.bcys.net](http://www.bcys.net) events page.

**Sunday 2<sup>nd</sup> September – BCCS Barleylands Fun Walk**  
Brentwood Catholic Children's Society is inviting supporters from all over the diocese to come and take part in the Barleylands Fun Walk. This is a great fun, family event with a choice of walks on the site, the longest being no more than 3 miles and a shorter walk which is suitable for children & toddlers. This community event starts with a BBQ at 12.00 and with walks due to start at 1pm & finish around 2pm, it is an ideal opportunity for families or parish groups to get together & have a fun afternoon while raising much needed funds for 'bccs'. For a sponsorship form and more information, please go to [www.bccs.org.uk](http://www.bccs.org.uk) or contact Alison on [arg.cardoness@googlemail.com](mailto:arg.cardoness@googlemail.com).

**Saturday 22<sup>nd</sup> September – Rock 'n' Roll Party @ Mazenod Hall, St Peter's Eastwood – 12noon – 4.30pm**  
**Tickets are £8.50 per person (Children – 6 years and under free entry)**  
*(Includes lunch of fish/chicken/chips) Bring your own drinks & nibbles*  
Music by Michael with his FAB sound system playing some rock-n-roll music, please feel free to dress up rock 'n' roll style for the event! This is a fund raiser for St Peter's parish, For tickets please contact: Bruno – 01702 528766 or Ian – 07503 465249 or Ray 01702 525480

#### **20th - 21st October 2018 BCYS Youth Gather**

This event is open to those in school year 9 and above. We are delighted to be back at **Essex Outdoors on Mersea Island** for our annual Youth Gather, where there is new cabin accommodation and a brilliant range of outward bound activities. We will combine opportunities for climbing high ropes, abseiling, zip wires and much more to keep you challenged and entertained, with guest speakers and workshops which will give you fresh insights into yourself, and your faith, by telling their stories. One of our speakers for this Autumn will be the lively, humorous and engaging speaker Fr Paul Keane, Vice Rector of St Mary's College, Oscott.

**The cost includes lunch and dinner on Saturday 20<sup>th</sup>, breakfast and lunch on Sunday 21<sup>st</sup>, two Mersea activities, 2 BCYS workshops, and a night in a Mersea log cabin – all of this for just £50. This price is thanks to National Youth Sunday parish collections, to help us subsidise such opportunities Applications will open on the evening of 29<sup>th</sup> July, on our return from Lourdes. You can apply by creating an account at [www.bcys.net](http://www.bcys.net) and applying on the Events page. Gabriella Skinner - BCYS Pilgrimages & Events Co-ordinator 01277 373959**

**27<sup>th</sup> October 2018 – Conference for Mother & Daughters @ Aylesford Priory "The Catholic Mothers Apostolate"** is offering a retreat for teen girls and their mums. Join them at Aylesford Priory in October for a day dedicated to learning more about women's issues, including what it means to be a Catholic woman; how to improve mother-daughter communication; how fertility affects our lives at every stage; and how to grow in the faith. Mums and daughters will have plenty of time to talk through the issues together and build their relationship, as well as meet other Catholic mothers and daughters. Tickets are £120 per mother-daughter pair, with an Early Bird rate of £100. For more info Visit: <https://www.tickettailor.com/events/catholicmothers/177368>